



# DOWN TO EARTH

THE BALLAD OF THE  
OVERVIEW EFFECT

1  
00:00:14,089 --> 00:00:11,030  
seeing the Earth from above from the

2  
00:00:20,750 --> 00:00:14,099  
outside with your own human eyes changes

3  
00:00:24,170 --> 00:00:22,370  
space between the surface of the Earth

4  
00:00:27,470 --> 00:00:24,180  
and the top of the atmosphere and it's

5  
00:00:29,029 --> 00:00:27,480  
such this this thin little sliver and

6  
00:00:31,130 --> 00:00:29,039  
that's the only place I've ever been

7  
00:00:34,250 --> 00:00:31,140  
before now and and now we're gliding

8  
00:00:36,650 --> 00:00:34,260  
above it and so you feel removed but you

9  
00:00:38,630 --> 00:00:36,660  
also feel connected in some regards so

10  
00:00:41,090 --> 00:00:38,640  
there's all of these thoughts and

11  
00:00:52,670 --> 00:00:41,100  
emotions and Sensations that hit you all

12  
00:00:57,290 --> 00:00:54,470  
it was the first time that I had the

13  
00:00:59,270 --> 00:00:57,300

perspective of how big Earth was out our

14

00:01:00,950 --> 00:00:59,280

window and that we were no longer on it

15

00:01:02,389 --> 00:01:00,960

this was really the first time that I

16

00:01:03,760 --> 00:01:02,399

thought wow we are looking back at Earth

17

00:01:08,870 --> 00:01:03,770

we are no longer on Earth

18

00:01:11,330 --> 00:01:08,880

[Music]

19

00:01:13,130 --> 00:01:11,340

when you live on the station you're a

20

00:01:14,870 --> 00:01:13,140

resident and everyone who's lived on

21

00:01:18,350 --> 00:01:14,880

this station feels that way we are a

22

00:01:21,289 --> 00:01:18,360

residents of space and we have hundreds

23

00:01:25,450 --> 00:01:21,299

of experiences that are burned in our

24

00:01:25,460 --> 00:01:34,330

foreign

25

00:01:39,410 --> 00:01:37,130

atmosphere that keeps us alive that

26

00:01:42,050 --> 00:01:39,420

makes Earth habitable it makes you

27

00:01:50,740 --> 00:01:42,060

appreciate this beautiful rock that we

28

00:01:50,750 --> 00:01:59,530

[Applause]

29

00:02:03,469 --> 00:02:02,030

this experience is so unusual and so

30

00:02:04,550 --> 00:02:03,479

different than anything you've ever done

31

00:02:09,589 --> 00:02:04,560

in your life

32

00:02:13,369 --> 00:02:11,809

I'd never imagined in my entire life

33

00:02:15,229 --> 00:02:13,379

getting to see something that beautiful

34

00:02:18,290 --> 00:02:15,239

it's so far into the human mind to look

35

00:02:27,790 --> 00:02:18,300

at that to see the total lack of space

36

00:02:32,690 --> 00:02:30,229

there's an overwhelming sense of

37

00:02:34,790 --> 00:02:32,700

gratitude for the experience that so few

38

00:02:36,770 --> 00:02:34,800

humans have had to be off the planet and

39

00:02:39,530 --> 00:02:36,780

look down and appreciate how beautiful

40

00:02:42,229 --> 00:02:39,540

it is and how perfect it is we're so

41

00:02:44,990 --> 00:02:42,239

fortunate to live on such a perfect

42

00:02:52,210 --> 00:02:45,000

planet position where it is in the solar

43

00:03:00,380 --> 00:02:56,330

it is heart stopping it is sold out

44

00:03:00,390 --> 00:03:24,970

[Music]